

dancexcel

Tiny Tots



Giving your child the best possible start in life

Tiny Tots classes, offered by Dancexcel, provide the foundation for development of creativity, movement and musicality for children aged between 3 and 5 years.

Why Choose Dance For Your Child

Research has shown that dance helps children to develop and mature physically, emotionally, socially and cognitively. Dance benefits children by:

- Improving co-ordination, strength and endurance
- Developing rhythm & musicality
- Expressing emotion and creating awareness
- Fostering social awareness, interaction and cooperation
- Stimulating cognitive processing and problem solving
- Building confidence, self-esteem and self-discipline

Dance integrates kinesthetic learning with understanding. Learning the art of dance helps children to develop knowledge, skill and understanding about the world.

Why Choose Dancexcel For Your Child

Dancexcel offers quality tuition, professional and experienced teachers and a nurturing environment for children to grow and learn to dance. Through classes and performance opportunities, we aim to develop all facets of your child's development through positive experiences. Dancexcel is an important part of the local community offering classes for students aged from 3 to 18 years of age.

Tiny Tots classes are held on Monday, Thursday & Saturday mornings in our brand new premises, right in the heart of Balgowlah. Classes are 45 minutes in length and are held during normal school term. *Tiny Tots* classes include a combination of jazz, ballet and free movement dance, rhythm musicality, props and song.

For more information, please visit

dancexcel.com.au